



Yes, you can have the vaccine in pregnancy. In the UK, pregnant women are advised to have the Covid-19 vaccine, preferably the Pfizer-BioNTech or Moderna mRNA vaccines. There is no reason to believe that any of the Covid-19 vaccines would be harmful in pregnancy. None of the vaccines contain live virus and so there is no risk that the pregnant woman or her baby could get Covid-19 from the vaccine. No safety concerns have been found in research studies that have followed up more than 130,000 pregnant women after mRNA Covid-19 vaccination in the USA and Scotland.

For further information on vaccination in pregnancy, see the information produced by the Royal College of Obstetricians & Gynaecologists [<https://www.rcog.org.uk/en/news/updated-advice-on-covid-19-vaccination-in-pregnancy-and-women-who-are-breastfeeding/>]. The health care professional looking after you in pregnancy will be able to advise you taking into account your individual risk.

**I am donating my eggs/sperm for the use of others. Can I still have a Covid-19 vaccine**

Yes. Covid-19 vaccines do not contain any virus and so you cannot pass on Covid-19 by receiving the vaccine. The Human Fertilisation & Embryology Authority state that you must allow at least 7 days from the most recent vaccination prior to donating eggs or sperm. Ovarian stimulation for egg donors can start once 7 days have passed. If the donor feels unwell after the vaccination, they must not donate for 7 days after their symptoms have got better [<https://www.hfea.gov.uk/treatments/covid-19-and-fertility-treatment/coronavirus-covid-19-guidance-for-patients/frequently-asked-questions-for-patients-on-coronavirus-covid-19/>].

**I have had recurrent miscarriages and am now trying to get pregnant again. Should I postpone having a Covid-19 vaccine**

No.

There is no reason to postpone having your Covid-19 vaccine as it will not affect your risk of having a miscarriage.